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For Immediate Release
**CASCADIA COMPLETES DRILLING &
ANNOUNCES ASSAY RESULTS FOR ITS GOAT MOUNTAIN
MOLYBDENUM - TUNGSTEN PROJECT**

February 13th, 2008
Calgary, Alberta

Cascadia International Resources Inc. (“Cascadia” or “the Company”) (TSX-Venture: “CJ”) is pleased to announce it has completed six diamond drill holes totaling 930 m on the Goat Mountain Molybdenum-Tungsten Property located in Southern British Columbia. The diamond drill program was completed in late 2007 and designed to test a series of laterally extensive skarn alteration zones anomalous in both Molybdenum (Mo) and Tungsten (W) with grades of up to 1.625% Mo and 0.1050% W collected from grab samples (see press release dated Aug 01, 2007). To date, geochemical assay results have been received for two of the six holes drilled.

Detailed geological mapping outlined two parallel N60° trending steeply northwest dipping skarn alteration zones extending over a strike length of more than 700 m with 30 to 100 m of exposed thickness. Previous sampling outlined anomalous Mo-W throughout. The six diamond drill holes were designed to test the lateral and vertical extent, as well as overall thickness and grades of the skarn alteration in areas where the Company felt it to be the most volumetrically extensive.

Diamond drill hole GM-07-01 was collared on the most eastern side of exposed skarn where outcrop exposure and surface gravity suggested the skarn was more than 100 m thick and vertically extensive. This hole collared in skarn alteration at 4.5 m, cut by an abundance of 1-2 m wide altered felsic porphyry dykes, to a depth of 71.80 m. Visible scheelite and local minor patches of less than 1% disseminated molybdenite were noted throughout the 67.3 m of skarn observed. A second skarn was also outlined over 5.75 m between 103.4 m and 109.65 m with less than 1% visible molybdenite and minor scheelite noted. The hole shut down in altered feldspar porphyry at a depth of 159.3 m.

Hole GM-07-03		Interval	WO₃	MoS₂
From	To	(m)	%	%
5.18	19	13.82	0.085	0.001
21	40	19	0.098	0.008
41	48	7	<0.005	0.059
62.8	66	3.2	0.106	0.126
103	109	7	0.043	0.032

Diamond drill hole GM-07-03 was collared just to the west of a surface showing where grab samples collected graded up to 1.625% Mo and 0.0050% W. The hole was designed to test the down dip extension of the showing to the west, as well as a north-south trending detailed ground gravity anomaly and several other skarn occurrences in the area. The hole collared in intensely altered granodiorite porphyry and continued through a series of mixed intensely epidote-garnet altered tuffs and heavily altered granodiorite porphyries to the bottom of the hole at 130.15 m. It is unclear at this point if this hole properly tested the showing but no significant Mo-W grades were returned for this hole.

Based on geological results from this latest drill program, it is postulated that the extensive skarn alteration observed may result from a deeper Mo rich porphyry system presently untested in the Goat Mountain area. Indications of a deeper mineralized porphyry were discovered in drill hole GM-07-06 collared along the western side of the 700m long skarn exposure. This hole intersected several narrow veinlets (less than ½ cm wide) of massive molybdenite and a small 8 cm wide granite vein also brecciated by thin molybdenite veinlets within a highly fractured and sheared chlorite-epidote altered tuff. It is postulated that this alteration and mineralization is related to a deeper untested Mo rich porphyry in this area.

Geochemical assay results are still pending for the remaining Goat Mountain drill holes. Core samples were sent for geochemical analysis at the ACME Analytical Laboratory in Vancouver, British Columbia for sample preparation and analysis. The Samples were analyzed for Au with the 3B method using fire assay fusion by ICP-ES and analyzed for Mo and W with the 7KP method using a phosphoric acid leach and ICP-ES.

Cascadia is presently earning a 100% interest in the ownership of the Goat Mountain Property located in southern British Columbia.

The project is being supervised by Mr. Richard Osmond, who is the qualified person and responsible for quality control of the assaying and reporting.

For further information, please contact James G. Evaskevich, CEO at (403) 262-9177.

Forward Looking Statements

This press release may contain forward-looking statements based on management's current projections, beliefs and opinions at the date of this press release. Actual results could differ materially from those anticipated in these statements. Management undertakes no responsibility to update forward-looking statements if circumstances or management's projections, beliefs or opinions change.

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