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### **For Immediate Release**

## **CASCADIA CONFIRMS NI-CU SHOWINGS ON THE AWKWARD LAKE PROPERTY**

February 25, 2008  
Calgary, Alberta

**Cascadia International Resources Inc.** (“Cascadia” or “the Company”) (TSX-Venture: “CJ”) is pleased to announce it has completed a preliminary evaluation of its Awkward Lake property for Nickel (Ni), Copper (Cu), and Platinum Group Metals (PGE). The Awkward Lake property, comprised of approximately 10,000 acres, is owned 100% by Cascadia and is located approximately 50 km southwest of the community of Armstrong Station in Northern Ontario.

Historical work completed by Harrison Minerals in 1963 outlined several zones of mineralized gabbro with assays of up to 0.54% Ni and 0.23% Cu over 5 feet (1.52 m) at a depth of 285 feet (86.87 m) in Drill Hole #63-7. The seven drill holes completed by Harrison Minerals did not intersect the footwall contact between the gabbro and the underlying country rocks where Ni-Cu-PGE rich massive magmatic sulphides are expected to accumulate. There has been no exploration activity reported on the property since the 1960s.

Evaluation work completed by Cascadia confirmed the presence of anomalous Ni-Cu-PGE in several of the historical showings with surface grab samples grading up to 0.384% Ni, 0.290% Cu, and 0.181 g/t PGE from disseminated to net textured magmatic sulphides within the gabbro intrusion. One of the main showings returned Ni tenors values (calculated for percent Ni in massive sulphides) of 4.53% to 5.77% Ni.

The following table is a summary of Ni-Cu-PGE grades and Ni tenor estimates calculated for Ni in massive sulphides (estimated Ni grades calculated for 100% sulphide using a background of 0.05% Ni present in silicates) for several of the showings outlined by Harrison Minerals.

<b>Name</b>	<b>Sample</b>	<b>Ni (%)</b>	<b>Cu (%)</b>	<b>PGE (g/t)</b>	<b>S (%)</b>	<b>Ni Tenor (%)</b>
Showing 1						
	E260586	0.041	0.027	0.030	0.62	less than 0.05
	E260554	0.027	0.018	0.006	0.41	less than 0.05
	E260555	0.048	0.038	0.018	0.73	less than 0.05
Showing 2						
	E260557	0.096	0.033	0.011	1.00	1.75
	E260558	0.12	0.058	0.047	1.87	1.42
	E260559	0.215	0.117	0.016	2.97	2.11
	E260587	0.167	0.418	0.014	1.99	2.23

	E260588	0.2	0.062	0.016	2.74	2.08
	E260589	0.204	0.152	0.015	2.82	2.08
	E260591	0.143	0.112	0.015	2.03	1.74
<b>Showing 3</b>						
	<b>E260569</b>	<b>0.118</b>	<b>0.169</b>	<b>0.14</b>	<b>0.57</b>	<b>4.53</b>
	<b>E260571</b>	<b>0.384</b>	<b>0.290</b>	<b>0.181</b>	<b>2.20</b>	<b>5.77</b>
	<b>E260598</b>	<b>0.146</b>	<b>0.14</b>	<b>0.135</b>	<b>0.69</b>	<b>5.29</b>
Showing 4						
	E260572	0.198	0.146	0.105	1.60	3.52
	E260573	0.049	0.037	0.015	0.87	less than 0.05
	E260574	0.102	0.091	0.016	1.14	1.73
	E260575	0.049	0.031	0.035	0.47	less than 0.05
	E260576	0.150	0.167	0.078	1.14	3.33
	E260577	0.072	0.051	0.08	0.50	1.67
	E260599	0.136	0.099	0.044	1.53	2.14
	E260601	0.134	0.187	0.085	2.58	1.24

Preliminary evaluation of the exploration work by Harrison Minerals suggests that relatively high tenor Ni sulphides with elevated Cu and PGE occur within the West Zone (Showing 3 and 4 above) located in the southwest part of the property. Harrison Minerals reported 15 feet (4.57 m) of 0.33% Ni, 0.21% Cu at 280 feet (85.34 m) in Drill Hole #63-7 drilled below the West Zone surface trench with over 200 feet (61 m) of exposed mineralized gabbro.

The Company's President, Richard Osmond, is enthusiastic about the possibility for economic Ni-Cu-PGE rich sulphides given the size of the mineralized gabbro intrusion and the high nickel tenors discovered in an area where little exploration has been previously conducted.

Further high resolution airborne geophysics, as well as follow-up prospecting and mapping are planned for the 2008 field season. The program will target possible higher grade magmatic Ni-Cu-PGE rich sulphides along the lower parts of this potential mineralized gabbroic intrusion. The property is easily accessible by float plane from Mackenzie Lake and logging roads come within 10 kms of the property making it possible to access the area by winter roads for field work and drilling.

Surface grab samples were sent to ALS Chemex in North Vancouver, British Columbia for sample preparation and analysis. The Samples were analyzed for Pt, Pd and Au with the PGM-ICP23 method using fire assay fusion and ICP-MS finish and analyzed for Ni and Cu with the ME-ICP81 method using ICP-AES.

The project is being supervised by Mr. Richard Osmond, who is the qualified person and responsible for quality control of the assaying and reporting.

For further information, please contact James G. Evaskevich, CEO at (403) 262-9177.

### **Forward Looking Statements**

This press release may contain forward-looking statements based on management's current projections, beliefs and opinions at the date of this press release. Actual results could differ materially from those anticipated in these statements. Management undertakes no responsibility to update forward-looking statements if circumstances or management's projections, beliefs or opinions change.