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For Immediate Release

CASCADIA AND PARTNERS APPROVE \$1.5 MILLION BUDGET FOR THE NORTON LAKE PROPERTIES

July 26, 2007
Calgary, Alberta

Cascadia International Resources Inc. (“Cascadia”) (TSX-Venture: “CJ”) is pleased to announce that it has approved with agreement from its joint venture partners an exploration budget of \$1.5M on its Norton Lake Properties. The primary focus of the exploration program will be to increase the overall tonnage of the Norton Lake Ni-Cu-Co-PGM deposit and to further evaluate the properties for new Ni-Cu-Co-PGM mineralization. The program will include logging and sampling of historical diamond drill core, AeroTEM II high resolution airborne geophysical surveys, ground gravity geophysical survey, and approximately 2,500 meters of diamond drilling.

The Norton Lake Deposit (“the Deposit”) is a 2.457 million tonne single sulphide lens containing 36.433 million lbs of Ni @ 0.67%, 32.942 million lbs of Cu @ 0.61%, 1.710 million lbs Co @ 0.03%, and 36,674 oz Pd @ 0.46 g/t based on an independent Mineral Resource Estimate prepared by Caracle Creek International Consulting Inc. (CCIC) of Sudbury, Ontario. The Deposit has been traced by diamond drilling over a strike length ranging from 225 to 300 meters, and locally to a depth of about 400 meters, with true widths of between 5 and 10 meters. On the basis of geophysical surveys and exploration drilling, the Deposit is open to the southwest, northeast and at depth. The next round of diamond drilling will focus on increasing the overall tonnage of the Deposit by continuing to follow the along-strike and down-plunge extensions of the existing mineralization.

Further evaluation of the properties for potential new Ni-Cu-Co-PGM lenses is also planned. The Deposit is hosted within a mineralized ultramafic pyroxenite body, which is also known to occur locally throughout the 20 km strike length of the properties based on historic diamond drilling. This in conjunction with the presence of several untested quality

airborne geophysical anomalies similar to those outlining the Deposit is thought to increase the overall potential for making new discoveries elsewhere on the properties.

Cascadia has a 51% working interest in the ownership of the Norton Lake Properties with East West Resources Corp. and Canadian Golden Dragon owning the remainder of the working interest.

Richard Osmond, P.Geo., a qualified person under National Instrument 43-101, has approved the technical content of this news release.

For further information, please contact James G. Evaskevich, CEO/Executive Chairman at (403) 262-9177.

Forward looking Statement: This news release contains statements about future events that are forward looking in nature and, as a result, are subject to certain risks and uncertainties such as changes in plans or the occurrence of unexpected events. Actual results may differ from the estimates provided by management.

The TSX Venture Exchange Inc. has not reviewed and does not accept responsibility for the adequacy and accuracy of this release. Not for distribution in the United States of America